

Edgeworth Child Care Centre Inc.

Diabetes Policy

Aim

It is the aim of this policy to ensure that Edgeworth Child Care Centre effectively cares for, manages and supports children with Type 1 and Type 2 diabetes, minimises the risk of a diabetic medical emergency occurring whilst the child/ren are in attendance; and that staff members are aware of how to care for children who have diabetes within the service.

Legislative Requirements

Education and Care Services National Law Act 2010
Education and Care Services National Regulations 2011
National Quality Standards 2011

Who is affected by this policy?

Children
Families
Educators
Management

Implementation

This policy should be read in conjunction with the Edgeworth Child Care Centre Medical Conditions Policy. Staff are encouraged to refer to the [information sheets available from Diabetes NSW](#) for detailed information on diabetes.

There are two main types of diabetes:

- **Type 1 Diabetes**
Type 1 diabetes occurs when the pancreas no longer produces the insulin needed, and requires lifelong daily insulin injections or use of an insulin pump, as well as regular blood glucose level tests. Type 1 diabetes is one of the most common chronic childhood diseases in developed nations and represents 10-15% of all cases of diabetes.
- **Type 2 Diabetes**
Type 2 diabetes occurs when the pancreas is not producing enough insulin and the insulin is not working effectively. Type 2 represents 85 - 90% of all cases of diabetes and is managed by regular physical activity and healthy eating. Over time, treatment may progress from lifestyle changes to requiring blood glucose-lowering tablets and/or insulin injections.

The **Approved Provider/Nominated Supervisor** will:

- Identify children with diabetes during the enrolment process
- Provide families with a copy of the diabetes policy upon enrolment
- Provide staff with a copy of the diabetes policy
- Ensure all educators/staff are informed of the child/ren with diabetes in their care
- Ensure families provide a copy of the Diabetes Management Plan prepared specifically for that child by their diabetes medical specialist team to the service upon enrolment
- Ensure that a risk minimisation plan is developed in consultation with the child's parents/guardians for each enrolled child diagnosed with diabetes

- Ensure that a communication plan is developed for staff and parents/guardians to encourage ongoing communication between parents/guardians and staff regarding the management of the child's diabetes

Educators/Staff will:

- Ensure that they are aware of children in their care with diabetes
- In consultation with the family, optimise the health and safety of each child through supervised management of the child's diabetes
- Ensure to only administer prescribed medication marked clearly with the child's name
- Ensure that all regular prescribed diabetes medication is administered in accordance with the child's Diabetes Management Plan
- Promptly communicate, to management and families, if they are concerned about a child's diabetes limiting his/her ability to participate fully in all activities.

Families will:

- Inform educators/staff, either upon enrolment or on initial diagnosis, that their child has diabetes.
- Provide all relevant information regarding the child's diabetes via the Diabetes Management Plan prepared specifically for that child by their diabetes medical specialist team
- Notify the Educators/Staff, in writing, of any changes to the Diabetes Management Plan
- Ensure that their child has adequate supply of appropriate equipment (including includes all necessary glucose monitoring and management equipment)/medication/treatment clearly labeled with the child's name including relevant expiry dates.
- Communicate all relevant information and concerns to educators/staff as the need arises
- Give written authority for medication to be dispensed by filling in a Medication Form. If the Medication Form is not filled in, except in the case of an emergency, medication will not be administered on that day.
- NOT leave medications in your child's bag or locker. Give it directly to an educator/staff member on arrival, and collect on departure.

In the event of a child having hypoglycaemia (low blood glucose) or hyperglycaemia (high blood glucose) whilst at the service, immediate treatment will be provided as per the requirements of the child's Diabetes Management Plan.

The Approved Provider/Nominated Supervisor will ensure that this policy is maintained and implemented at all times.

Sources

Education and Care Services National Law Act 2010
 Education and Care Services National Regulations 2011
 Guide to the National Quality Standard 2011
 Diabetes NSW www.diabetesnsw.com.au Retrieved 25 10 17

Review

The policy will be reviewed annually. Review will be conducted by management, employees, parents and any interested parties.

Reviewed: 25 October 2017

Date for next review: October 2018